

# Sermon Discussion Guide 9/23-29 VGroup Meetings

Sermon Title: Glimpse of the Christian Home - Eph. 6:1-4

Take attendance / collect new guest information including address, phone & email, etc. Allow folks to mingle, fellowship, and settle in with each other.

**Creating Comfort Tip:** Utilize name tags to reduce the stress of remembering everyone's name. This will also help people tie names with faces and promote faster connection.

Open the session with prayer.

Discussion Starter/Ice Breaker: (10-15 mins)

This week the passage is focussed on family life. Take a minute and think about a TV family that you admire or would love to be a part of. Who is the TV family and why did you pick them? What characteristics of this family stand out to you?

Discussion Questions: (30-45 mins)

1. Read Ephesians 6:1-4 together. Recap from the sermon: what 3 things should be evident in a Christian home?
2. Read the following verses. Thinking about children, discuss different ways we can influence them to be obedient, respectful, and God honoring.
  - a. By verbal teaching - Deut 6:4-7, Psalm 78:4-7
  - b. By actions - Romans 12, John 13:34-35
  - c. By discipline - Proverbs 13:24
3. Paul points out that "honoring your parents" is the first commandment with a promise. What is the promise that is made? (Exodus 20:12)
4. As parents & spouses living in the hectic world today, it's easy to "lose our cool" with our children, and even with each other. In verse 4 Paul advises "do not exasperate your children". Erik explains that this means to not stir up or provoke your kids. He also mentioned the power that words have over people, including our kids. How should we handle these situations? What are some ways you can diffuse frustrating moments before tempers take over?
  - a. Controlled tongue / action / heavenly wisdom / forgiving attitude - James 3:4-6; 17-18, Prov 18:21, James 1:5, 1 Thessalonians 5:11; 15-18, Ephesians 4:25-27
  - b. Maintain & speak from a pure heart - Luke 6:43-45

Closing: Open the floor for discussion / questions.

Prayer Requests:

Close in prayer.

